



# Flu Shot FAQ

**Flu season will not wait for COVID-19 to pass. It's imperative that you get your flu shot this season. The Centers for Disease Control and Prevention says that this is the best way to protect against the flu.** However, we understand that you may have some concerns about getting your flu shot and attending an onsite flu shot event during the pandemic. To help ease your mind, we have provided answers to the most common questions below.

## What type of flu shot will be given?

**The quadrivalent flu shot will be given.** It is a quick and simple shot.

## Are masks required?

**Yes.** You must wear a mask to your flu shot event.

## Should I get a flu shot with the threat of COVID-19?

**It is especially important to get a flu shot during the pandemic.** The symptoms of COVID-19 and the flu are both similar and life-threatening. Since there is no COVID-19 vaccine and there is a flu vaccine, getting a flu shot can help reduce your risk of getting the flu.

## Will getting a flu shot cause me to get the flu?

Getting a flu shot **cannot cause you to get the flu.**

## Will the flu shot event be safe to attend during the pandemic?

**Yes.** We are taking special precautions to help you stay safe. See below for more details.

## Will RNs be giving shots?

**Yes,** Registered Nurses administer our flu shots.

## We are taking extra precautions to help you stay safe at your flu shot event



All Health Advocate staff will be in full personal protection equipment



Social distancing will limit your exposure to other colleagues



CDC guidelines will be used to ensure that your flu shot event is executed safely



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