



Your new online member experience:

Your Personal Health Advocate  
in the palm of your hand!



## We're making healthcare easier

Available online or through the mobile app, your new Health Advocate experience allows you to see, learn and interact in real time with all of your Health Advocate programs, no matter where you are.

✓ **Get important alerts**

View alerts for health screenings and tests to help keep you on track

✓ **See status in real time**

Instantly upload relevant documents and forms, and view the status of your cases in real time

✓ **Benefits at-a-glance**

Get a snapshot of your entire benefits package like medical, dental, vision, pharmacy and your doctor's contact information

✓ **Participate in wellness activities**

Do a challenge on your own or with coworkers, use health trackers, take a wellness workshop, and more

✓ **Access resources to help you balance work and life**

Use tools to get financially fit, watch a webinar, or get help with conditions like anxiety, depression, substance abuse, and more

✓ **Get help managing a chronic condition**

Your Nurse Coach will work with you one-on-one to help you manage your condition, adhere to your treatment plan, and more

✓ **Save money and make smarter choices**

Use the Health Cost Estimator+ tool to estimate and compare costs for medical procedures

✓ **Become more informed**

Access trusted information on virtually any health topic like weight loss, pregnancy, first aid, chronic conditions and much more

✓ **Get live support**

As always, your Health Advocate team will be standing by to answer your questions and provide personalized help



Email: [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)  
Web: [HealthAdvocate.com/](http://HealthAdvocate.com/)

Most Health Advocate services are available to eligible employees, their spouses or domestic partners, dependent children, parents and parents-in-law. Wellness Coaching is available to eligible employees, their spouses or domestic partners, and dependent children over the age of 18.

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