

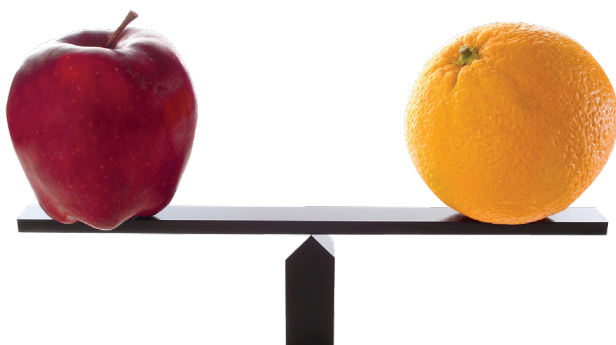
## HealthAdvocate MedChoice Support™

# Medical Choices

Medical decisions can often raise questions, whether it's about taking a medication or having major surgery. The Health Advocate MedChoice Support program can help. This easy-to-use, online tool, which is part of your Health Advocate benefit, is offered to you by your employer or plan sponsor at no cost. The tool provides a six-step process to explore options and guide you through healthcare decisions on hundreds of topics. You'll have the authoritative research, and even assessments of your personal preferences, to help you make the best choice for you or a family member. And best yet, if you still have questions, you can always call your own Personal Health Advocate for assistance.

### We help weigh the options...

- **Benefits**
- **Risks**
- **Outcomes**
- **Side effects**
- **Complications**



### Here's what the MedChoice Support tool provides:

#### Unbiased facts

Easy access to answers for common questions.

#### Comparison of options

A list of pros and cons of choices (e.g., surgical vs. nonsurgical), plus stories from those who faced the same decision.

#### Evaluation of your preferences

A place to record your feelings about different approaches and personal preferences (e.g., costs, recovery time).

#### Record and review your decision

The ability to assess personal issues and also quiz what you've learned.

#### Decision summary

Printable summary to share with your doctor and loved ones. To support your decision, your Personal Health Advocate can find the right doctors, secure second opinions and more.

**Remember...** you can also call Health Advocate for any healthcare or insurance-related issue. You, your spouse, dependent children, parents and parents-in-law are all eligible. Just call or email [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com).



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**Plus**, access Health Cost Estimator™